

## CME Activities for MOCA

The following document contains information on the guidelines for Category 1 continuing medical education (CME) activities for our Maintenance of Certification in Anesthesiology™ (MOCA®) program.

**Category 1:** The CME activity is sponsored by an Accreditation Council for Continuing Medical Education (ACCME)-approved program or is eligible for credit through AMA's Physician Recognition Award (PRA) Program. Additionally, you can request LLS Category 1 credit for CME activities approved as Category 1-A by the American Osteopathic Association, and accredited continuing professional development credits issued by the Royal College of Physicians of Canada and the Association of Faculties of Medicine of Canada.

### AMA Guidelines for CME Activity Category Determination

Referencing the American Medical Association's (AMA) guidelines can help in determining whether an activity should be considered Category 1 or non-Category 1 (Other) CME. They are available on the AMA website at: <http://www.ama-assn.org/resources/doc/cme/pr-booklet.pdf>.

Documentation usually indicates the category, but there can be exceptions or lack of category assignment altogether.

### Category 1 CME Credit Examples:

**Fellowship** - We will grant up to 50 CME credits for 12 months of fellowship training in an ACGME-accredited subspecialty program, or in an anesthesiology subspecialty fellowship program sponsored by an ACGME-accredited core anesthesiology program. To receive credit toward MOCA, you need to have completed the fellowship in or after the year you received your primary certification in anesthesiology.

**Board Certification**- A certificate is mailed to diplomates from the AMA for 60 CME credits earned upon board certification. \*\*These credits can NOT be applied to your MOCA cycle, but can be applied for meeting state board requirements.

**The American Heart Association's Advanced Cardiovascular Life Support (ACLS) course** - If this course is offered by an ACCME-accredited sponsor, we will allow up to 16 CME credits.

**Test Item Writing** - Providers may designate each test item writing activity for a maximum of 10 CME credits. The questions must be developed for exams given by the NBME or the ABA.

**Medically related advanced degrees** - Obtaining a medically related advanced degree, such as a master's in public health, allows eligibility for up to 25 CME credits.

**Grand Rounds** - CME credits are issued by the hospital.

**Performance Improvement** - Performance improvement (PI) activities describe structured, long-term processes by which a physician or group of physicians can learn about specific performance measures, retrospectively assess their practice, apply these measures prospectively over a useful interval, and re-evaluate their performance. CME credits are allowed for completing each cycle.